

Diurex Max CAPLETS

Drug Facts	
Active ingredient (in each caplet)	Purpose
Pamabrom, 50 mg.....	Diuretic
Uses For the relief of ■ temporary water weight gain ■ bloating ■ swelling ■ full feeling associated with the premenstrual and menstrual periods.	
Warnings Ask a doctor or pharmacist before use if you are taking any other medications.	
Stop use and ask a doctor if symptoms last for more than ten consecutive days.	
If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a poison control center right away.	
Directions ■ Read all package directions and warnings before use. ■ Use only as directed. ■ Adults: One (1) caplet after breakfast with a full glass of water. ■ Dose may be repeated after 6 hours, not to exceed four (4) caplets in 24 hours. ■ Start taking 5 or 6 days before onset of period and continue until desired relief is obtained or end of period. ■ Drink 6 to 8 glasses of water daily. ■ For use by normally healthy adults only. ■ Persons under 18 years of age should use only as directed by a doctor.	
Other information Calcium content: 160 mg/caplet. **Contents sealed: Each DIUREX, light blue colored, oval shaped caplet bears the identifying mark "ALVA" plus a "1" on the caplet's reverse side and is sealed in a clear plastic blister with a foil backing or is sealed in a bottle with a safety seal under the cap. Do not use if seal appears broken or if product contents do not match product description. NOTE: The appearance of golden tinted urine which may occur after taking DIUREX Water Caplets is a normal and temporary effect. ■ You may report serious side effects to the phone number provided under <i>Questions?</i> below.	
Inactive ingredients Calcium sulfate dihydrate, croscarmellose sodium, dicalcium phosphate, FD&C Blue #1 Lake, hypromellose, magnesium stearate, mineral oil, polyethylene glycol, potassium gluconate, riboflavin, sodium lauryl sulfate, stearic acid, talc and titanium dioxide.	
Questions? 1-800-792-2582	