

Diurex Water Capsules Drug Fact (25-35R)

Drug Facts	
Active ingredient (in each capsule)	Purpose
Pamabrom, 50 mg	Diuretic
Uses For the relief of ■ temporary water weight gain ■ bloating ■ swelling ■ full feeling associated with the premenstrual and menstrual periods.	
Warnings	
Ask a doctor or pharmacist before use if you are taking any other medication.	
Stop use and ask a doctor if symptoms last for more than ten consecutive days.	
If pregnant or breast-feeding, ask a health professional before use.	
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.	
Directions	
■ Read all package directions and warnings before use. ■ Use only as directed.	
■ Adults: Take one (1) capsule after breakfast with a full glass of water. Dose may be repeated after six (6) hours, not to exceed four (4) capsules per day.	
■ Start taking 5 or 6 days before onset of period and continue until desired relief is obtained or end of period. ■ Drink 6 to 8 glasses of water daily. ■ For use by normally healthy adults only. ■ Persons under 18 years of age should use only as directed by a doctor. ■ Note: The appearance of golden-tinted urine, which may occur after taking DIUREX Water Capsules, is a normal and temporary effect.	
Other information **Contents sealed: Each DIUREX capsule bears the identifying mark "ALVA" in red, contains white, blue and golden colored beads and is sealed closed with a blue band, then further sealed in a clear plastic blister with a foil backing. Do not use if seal appears broken or if contents do not match product description. ■ You may report serious side effects to the phone number provided under <i>Questions?</i> below.	
Inactive ingredients Butyl alcohol, citric acid, FD&C Blue #1 Lake, FD&C Red #40 Lake, gelatin, magnesium oxide, polysorbate, potassium sorbate, povidone, propylene glycol, riboflavin, shellac, sodium hydroxide, starch, sucrose and titanium dioxide.	
Questions? 1-800-792-2582	