

Diurex Water Pills Drug Facts (06/84-17RC, 1110)

Drug Facts

Active ingredients (in each pill)

Caffeine, 50 mg.....	Diuretic
Magnesium Salicylate (NSAID)*, 162.5 mg	Analgesic (pain reliever)

(Present as 202 mg of the Tetrahydrate)

*Non-steroidal anti-inflammatory drug

Purpose

Uses For temporary relief of ■ temporary water weight gain ■ bloat ■ swelling ■ full feeling ■ fatigue ■ minor aches and pains associated with the premenstrual and menstrual periods.

Warnings

Reye's Syndrome: Children and teenagers should not use this product for chicken pox or flu symptoms before a doctor is consulted about Reye's Syndrome, a rare but serious illness reported to be associated with aspirin.

Allergy Alert: Magnesium Salicylate may cause a severe allergic reaction which may include: ■ hives ■ facial swelling ■ asthma (wheezing) ■ shock.

Stomach bleeding warning: This product contains a non-steroidal anti-inflammatory drug (NSAID), which may cause severe stomach bleeding. The chance is higher if you ■ are age 60 or older ■ have had stomach ulcers or bleeding problems ■ take a blood thinning (anticoagulant) or steroid drug ■ take other drugs containing prescription or non-prescription NSAIDs [aspirin, ibuprofen, naproxen or others] ■ have 3 or more alcoholic drinks every day while using this product ■ take more or for a longer time than directed.

Do not use if you have ever had an allergic reaction to any other pain reliever/fever reducer.

Ask a doctor before use if ■ stomach bleeding warning applies to you ■ you have a history of stomach problems, such as heartburn ■ you have high blood pressure, heart disease, liver cirrhosis, or kidney disease ■ you are taking a diuretic.

Ask a doctor or pharmacist before use if you are ■ taking a prescription drug for diabetes, gout or arthritis ■ taking any other drug.

When using this product, limit the use of caffeine-containing medications, foods or beverages because too much caffeine may cause: ■ nervousness ■ irritability ■ sleeplessness ■ occasional rapid heart beat. The recommended dose of this product contains about as much caffeine as one cup of coffee.

Stop use and ask a doctor if ■ an allergic reaction occurs. Seek medical help right away ■ pain gets worse or lasts more than 10 days ■ fever gets worse or lasts more than 3 days ■ redness or swelling is present ■ ringing in the ears or hearing loss occurs ■ any new symptoms appear ■ you experience any of the following signs of stomach bleeding: ■ feel faint ■ vomit blood ■ have bloody or black stools ■ have stomach pain that does not get better.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a poison control center right away.

Directions

■ Read all package directions and warnings before use and use only as directed. ■ Adults: Two (2) pills every 4 to 6 hours while symptoms persist, not to exceed eight (8) pills per day. ■ Start taking 5 or 6 days before onset of period and continue until desired relief is obtained or end of period. ■ Drink 6 to 8 glasses of water daily. ■ For use by normally healthy adults only. ■ Persons under 18 years of age should use only as directed by a doctor ■ Note: The appearance of blue-tinted urine, which may occur after taking DIUREX Water Pills, is a normal and temporary effect.

Other information Magnesium content: 10 mg/pill, Calcium content: 10 mg/pill.

****Contents sealed:** Each DIUREX blue colored, round shaped pill bears the identifying mark "ALVA" and is sealed in a clear plastic blister with a foil backing. Do not use if seal appears broken or if product contents do not match product description. ■ You may report serious side effects to the phone number provided under *Questions?* below.

Inactive ingredients Acacia, calcium carbonate, corn starch, crospovidone, FD&C Blue #1 lake, hypromellose, magnesium stearate, maltodextrin, methylene blue, microcrystalline cellulose, mineral oil, polyethylene glycol, polysorbate, shellac, silica, sodium starch glycolate, stearic acid, talc, titanium dioxide, triacetin.

Questions? 1-800-792-2582